

KINERGY FOR WORKPLACES

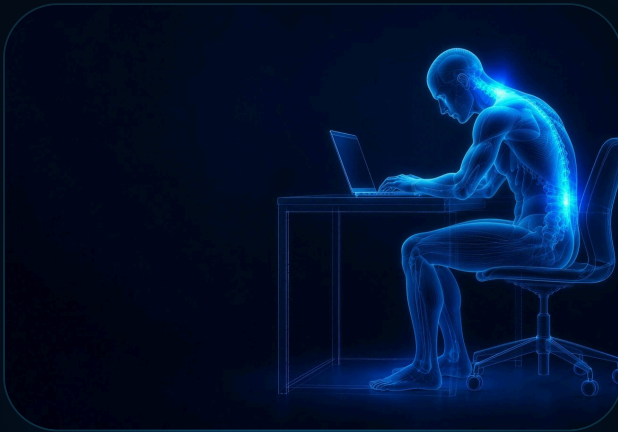
Pain costs your company more than you see.

Corporate physiotherapy programmes for Coimbatore's workforce: on site and in clinic.



THE HIDDEN COST

It starts as a small ache. It ends as a lost week.



At the desk

Hours at a screen load the neck, shoulders and lower back. Small aches become stiff mornings, then sick leave.



On the floor

Lifting, repetition and long shifts strain the spine, shoulders and knees. One injury can take a skilled person off the line for weeks.

Low back pain is the single leading cause of disability worldwide.

WORLD HEALTH ORGANIZATION

01

Lost workdays

Pain that isn't treated early turns into sick leave.

02

Slower work

People in pain lose focus long before they take a day off.

03

Skills off the line

An injured specialist is hard to replace, even for a week.

THREE WAYS TO WORK WITH US

Start small. Grow into a partnership.

01 The easy first step

On-site screening camp

Our physiotherapists spend a day at your workplace. Every employee who joins gets a posture and pain check, and a simple plan to take home.

- Posture and movement screening
- One-to-one advice for each person
- A team-level summary for HR

02 An annual tie-up

Employee care plan

Your people get priority assessments and a corporate rate at the clinic. You decide whether the company covers all of it, part of it, or simply opens the door.

- Priority appointments
- Agreed corporate rate
- Option to include families

03 For high-load roles

Workplace ergonomics and injury programme

Workstation and lifting assessments, regular physiotherapy days on site, and structured return-to-work rehab after an injury.

- Workstation and lifting assessments
- Regular on-site physiotherapy days
- Return-to-work rehab

HOW A TIE-UP WORKS

Four simple steps. No long commitment to start.

1

Tell us about your team

Call, WhatsApp, or send the enquiry form on our website.

2

A call with our team

We understand your people, their work and what hurts, then suggest a starting point.

3

A pilot camp

We start with a screening day, so your team experiences Kinergy before any long commitment.

4

An annual partnership

If it works for you, we agree a programme that fits your workforce and your budget.

WHO WE WORK WITH

Manufacturing and engineering

Pumps, foundries, machine shops

Textile mills

Long shifts, repetitive work

IT and offices

Screens, chairs and deadlines

Hospitals and healthcare

Lifting, bending, long hours on foot

Schools and colleges

Teachers, staff and sports teams

Logistics and warehousing

Lifting, loading and driving

WHY KINERGY

Assessment first. Then the right tool.

Kinergy is the advanced physiotherapy unit of Wellness Physiotherapy in Coimbatore. Every plan is built around how a person moves, not just where it hurts.

01

Led by Dr. R. Kalaivani

Founder and Chief Physiotherapist, with Dr. Mukunth, Dhanalakshmi and Jenni.

02

Shaped around your shifts

Camps and on-site days planned around your working hours and budget.

03

Health stays private

HR receives team-level summaries only, never an individual's medical details.

04

Easy to reach

Opposite Ganga Hospital on Mettupalayam Road, with home visits on request.

ADVANCED EQUIPMENT AT OUR CLINIC

**Shinhwa Medical Thera
Master**

Spinal decompression

REMED shockwave

Tendon and soft-tissue pain

**Chattanooga Intellect
Mobile 2**

Electrotherapy and ultrasound

REQUEST A PROPOSAL

Let's look after your team.

Tell us a little about your company. We'll call you, understand your workforce, and suggest the right starting point. There's no obligation.

1

Reach out

Call or WhatsApp us, or scan the code below.

2

Talk to our team

A short call to understand your people and their work.

3

Start with a camp

See the difference before you commit to anything longer.



CALL OR WHATSAPP

+91 99946 61767

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Saibaba Koil, Coimbatore 641046



Scan to start on WhatsApp